

Planning a Counseling Session

Location:	
☐ Whenever possible, conduct the meeting in a private place where the conversation is not able to be overheard by others.	
☐ If you work in a cubicle, you must find a way to work around it. For example, use a conference room or a	
private corner somewhere.	
\square The location should be somewhere where both of you can be comfortable expressing yourselves freely.	
Seating arrangement :	
Consider the physical placement of tables or desks and chairs.	
☐ Strive to make sure both parties are comfortable in a private setting, ideally where both of you can take notes	on
a desk or a table.	
A business setting is preferable to a public setting such as a coffee shop or walking around the block.	
Time:	
Logistically, you want to schedule a time with your employee well in advance, preferably during his or her reg duty hours.	ıulaı
Consider the appropriate time of day; choose a time based on your knowledge of the employee. Ask yourselfIs he or she a morning person?	:
☐ Is this going to ruin his or her day? Is he or she going to want to leave?	
☐ Is this someone who needs to have counseling on Friday so he or she can sort things out over the weekend?	
Or, is this a person who will feel like you are leaving no opportunity for response for 2 days?	
\square Set aside adequate time. Generally a counseling session should take no more than an hour.	
☐ When scheduling a meeting to discuss a performance issue, make sure you allow adequate time for your	
comments and any feedback from the employee. If more time is needed, consider scheduling a second session	n.
\square Check and make sure there are no important events scheduled at the same time that may be distracting.	
☐ Turn off your mobile devices and use a space where you won't be disturbed by a phone ringing; or have your phone calls redirected.	
☐ Face-to-face counseling is best. If you have employees who telework, try to schedule counseling sessions who	en
they are in the office but keep the timeliness factor in mind; excessive delay can dilute the process.	
Representative in attendance :	
Generally speaking no representative needs to be present for this but if in doubt, check with your ER Specialis	st.